

VIRGINIA MASON CONTINUING MEDICAL EDUCATION

Advances in Gastroenterology and Hepatology: Live Cases, Obstructions, Leaks, and More!

PRESENTED BY The Digestive Disease Institute at Virginia Mason

Saturday, September 7, 2019
Virginia Mason • Seattle, Washington



Faculty

COURSE DIRECTORS:

Blaire E. Burman, MD, MAS

Gastroenterologist and Hepatologist
Director, Training and Education
Digestive Disease Institute at Virginia Mason, Seattle

Rachael C. Gumber, RN

Assistant Nurse Manager
Virginia Mason, Seattle, Wash.

Richard A. Kozarek, MD, FACG, FASGE, AGAF, FACP

Executive Director
Digestive Disease Institute at Virginia Mason, Seattle

Rajesh Krishnamoorthi, MD

Gastroenterologist
Digestive Disease Institute at Virginia Mason, Seattle

GUEST FACULTY:

David L. Carr-Locke, MD, FRCP, AGAF, NYSGEF

Clinical Director, Center for Advanced Digestive Care
Professor, Weill Cornell Medical College
Division of Gastroenterology and Hepatology
New York Presbyterian Hospital at Cornell, New York, N.Y.

DIGESTIVE DISEASE INSTITUTE AT VIRGINIA MASON FACULTY:

Mehran Fotoohi, MD, FSIR, Interventional Radiologist

Michael Gluck, MD, FASGE, AGAF, Gastroenterologist

Scott Helton, MD, Director, Liver, Pancreas and Biliary Surgery Center of Excellence

Shayan Irani, MBBS, MD, Associate Director, Pancreas Center of Excellence

Michael C. Larsen, MD, Director, Advanced Endoscopy Fellowship

Joanna K. Law, MD, MA (ed), FRCPC, FASGE, Gastroenterologist

Andrew Ross, MD, FASGE, Head, Section of Gastroenterology

Timothy Zisman, MD, MPH, Gastroenterologist

NURSING PROGRAM FACULTY:

Trisha Carmean, RN

Jessica Chantelois, RN, CRN, Interventional Radiology

Kara Coombs, RN

Connie Miller, RN

Teresa Monahan, RN, CGRN, GI Endoscopy

Brittany Rios, RN

Ella Sanman, ARNP, Nurse Practitioner – Gastroenterology

Caroline Schildbach, MSN, ARNP, SANE-A, Nurse Practitioner – Gastroenterology

Josiah Wedgwood, RN, MSN, Assistant Nurse Manager

Course Description

Update your knowledge of gastrointestinal and liver diseases and their management with experts in the field, hands-on stations, live case transmission, debates, lectures and more.

This multi-professional course will allow participants to:

- Interact with internationally renowned endoscopists treating complex GI conditions, while learning about a wide variety of advanced endoscopic procedures and novel state-of-the-art technologies that may obviate the need for surgical intervention. Cases demonstrating advanced endoscopic techniques will be transmitted live from the Virginia Mason Medical Center Therapeutic Endoscopy Center, with real-time questions, feedback and case-by-case discussion between course participants and the team.
- Engage in didactic learning with experts in the field taking on gripping clinical challenges including approaches to foreign bodies in the GI tract, anticoagulation in portal vein thrombosis, diagnosis and treatment of dysphagia, treatment options for IBD strictures, role for EUS guided biliary drainage in malignant strictures, endoscopic management of acute cholecystitis, applications of endoscopic myotomy, and endoscopic management of bariatric surgery complications.
- Get your hands on the tools used in therapeutic endoscopy, using real endoscopes and devices, practicing on appropriate models and platforms. Stations will include ERCP, EUS guided stenting, direct duct visualization, endoscopic hemostat, and esophageal stenting.
- Participate in MD and RN-driven break-out sessions, with nursing experts presenting on management of patients with pancreatitis, gastrointestinal drains, and post-bariatric complications including leaks and strictures.

Teaching methods include observation of live therapeutic procedures, lectures, case discussion and hands-on practice.

TARGET AUDIENCE:

For practicing gastroenterologists, nurses, advanced practitioners, and all health care professionals interested in digestive disease, this course will prove to be an exciting and worthwhile day of active learning.

OBJECTIVES:

At the conclusion of this activity, participants should be able to:

- Summarize the principles, techniques and outcomes of endoscopic myotomy for Zenker's diverticulum, achalasia, and gastroparesis.
- Differentiate between foreign body cases needing emergent vs. elective management vs. cases that are unnecessary to treat.
- Identify best practices for management of gastric sleeve and Roux-en-Y bypass leaks and obstructions.
- Review updated data and describe controversy related to anti-coagulation in acute and chronic portal vein thrombosis.
- Review structural vs. dysmotility causes of dysphagia and their treatments.
- Describe the role for EUS-guided biliary drainage as primary treatment modality in management of malignant biliary obstruction.
- Outline role of medication management for strictures in the setting of inflammatory bowel disease.
- Identify pros and cons of endoscopic drainage of the gallbladder vs. cholecystectomy for acute severe cholecystitis.

RN Afternoon Program

- Describe the experience of a patient with a pancreatitis diagnosis across the care continuum.
- Identify key nursing management issues for patients with pancreatitis undergoing ERCP.
- Review nursing interventions related to providing care for patients with gastric leaks and strictures post bariatric surgery.
- Identify where drains exit and enter the GI tract and the purposes of various drains.
- Identify when an internal wound vacuum to NG tube is placed.
- Contrast drains placed surgically vs. drains placed via interventional radiology.

Agenda

- 7:00 a.m.** Registration opens, breakfast selection available
- 7:30 a.m.** **Opening Remarks and Overview** | Richard Kozarek, MD
- 7:45 a.m.** **Myotomy for All** | David Carr-Locke, MD
- 8:45 a.m.** **Live Transmission: Four Rapid Turnover Cases**
Moderators: Michael Gluck, MD and Richard Kozarek, MD
- 10:45 a.m.** Break
- 11:00 a.m.** **Foreign Bodies – Show & Tell** | Joanna Law, MD
- 11:20 a.m.** **Managing Post Bariatric Complications** | Michael Larsen, MD
- 11:40 a.m.** **Portal Vein Thrombosis: To Anti-Coagulate or Not?**
Blaire Burman, MD
- 12:10 p.m.** Lunch (provided)
- 12:40 p.m.** **HANDS-ON SESSIONS: ERCP, EUS guided stenting, direct duct visualization, endoscopic hemostat, and esophageal stenting**

MD AFTERNOON PROGRAM:

- 1:40 p.m.** **Dysphagia: Approach and Management** | Andrew Ross, MD
- 2:00 p.m.** **Malignant Biliary Obstruction: ERCP or EUS?** | Rajesh Krishnamoorthi, MD
- 2:20 p.m.** **IBD Strictures: Medical, Endoscopic or Surgical Management?**
Timothy Zisman, MD
- 2:40 p.m.** **Pros and Cons of Percutaneous and Endoscopic Drainage of the Gallbladder vs. Cholecystectomy for Acute Severe Cholecystitis**
Mehran Fotoohi, MD, Shayan Irani, MD and Scott Helton, MD

RN AFTERNOON PROGRAM : Choose One

- 1:45 p.m.** **Program A: Patient with Pancreatitis**
Unfolding Case – Clinic | Ella Sanman, ARNP
Unfolding Case – Procedural/Jones 5 | Kara Coombs, RN and
Teresa Monahan, RN
Unfolding Case – Patient Experience
- 1:45 p.m.** **Program B: Drain & Bariatric Complications Stations**
Bariatric Complications I – Anastomotic Leaks | Caroline Schildbach, ARNP
Bariatric Complications II – Strictures | Connie Miller, RN
Drains – Anatomy & What Are We Draining? | Trisha Carmean, RN and
Brittany Rios, RN
Drain Types | Jessica Chantelois, RN and Josiah Wedgwood, RN

- 3:00 p.m.** Break
- 3:10 p.m.** **Panel Discussion** | Moderator: Andrew Ross, MD
- 3:30 p.m.** Adjourn



Virginia Mason Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation: Virginia Mason Medical Center designates this live activity for a maximum of **7.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Virginia Mason is a provider of nursing continuing education contact hours. Provider is approved by the California Board of Registered Nursing, Provider #CEP15905 for 7.0 Contact Hours (7.0 clock hours), September 7, 2019.

Location: The course will be held in Volney Richmond Auditorium on Level One of the Virginia Mason Lindeman Pavilion, 1201 Terry Avenue, Seattle (between Seneca & University Streets.) *Please note the Terry Street entrance into Lindeman Pavilion is Level Two.* For information, contact the CME Department at 206-341-0142 or email cme@virginiamason.org.

To register, complete the form below and send via:



MAIL:

Virginia Mason CME Dept.
1100 9th Ave, D3-CME
Seattle, WA 98101



PHONE: 206-341-0142



FAX: 206-341-1480



EMAIL: cme@virginiamason.org

WEB: VirginiaMasonCME.org

Cancellation and Refund Policy: Refunds will be made for a fee of \$25 if written notice of cancellation is received at least 14 calendar days prior to the activity.

REGISTRATION:

**Advances in Gastroenterology
and Hepatology**

Saturday, September 7, 2019



Please print clearly

NAME

DEGREE/CREDENTIALS

SPECIALTY

ORGANIZATION

ADDRESS

CITY/STATE/ZIP

PHONE

E-MAIL

Please provide one question for the faculty: _____

Please add me to your e-mail list for news of upcoming CME courses at Virginia Mason.

PAYMENT:

Tuition: MD/DO: \$195.00 Trainees/RNs/Allied Health Professionals: \$165.00

Check enclosed. Make check payable to Virginia Mason CME.

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